



# RACHEL BRITTON

Speaker | Author | Blogger

Helping women become comfortable and confident in their conversation with God

## Bio

Rachel Britton is a British-born author and speaker. Her passion is to help others become comfortable and confident in their conversation with God. Her most recent book *Pray Naturally: Finding Your Spiritual Confidence as a Woman Loved by God* released January 2025 with Our Daily Bread Publishing. She is a contributing author in a number of traditionally published books, Guidepost publications, and online with Bible Study Tools.

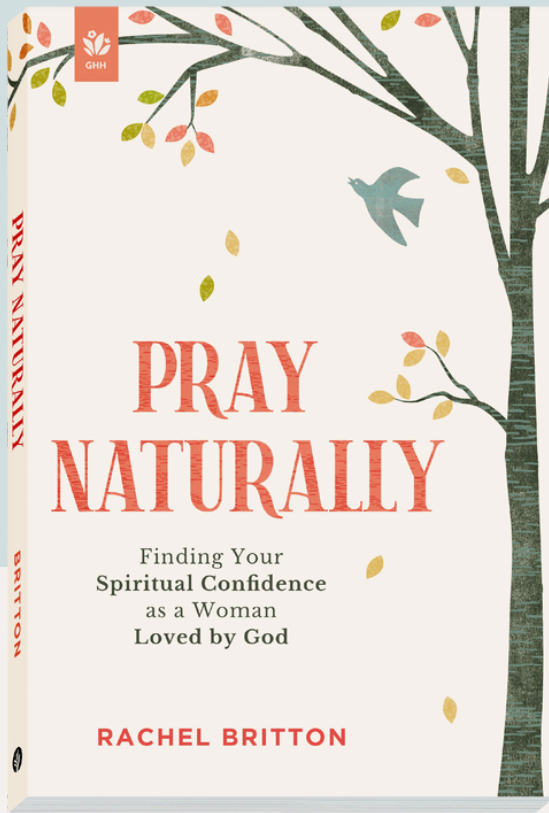
Rachel holds a Masters in Religion from Gordon-Conwell Theological Seminary. She is the creator and writer of an Amazon Alexa skill: "Alexa, say a prayer," which receives approximately 1,500 requests per day.

Rachel is married with three young adult children spread over too many time zones. She loves to escape to the mountains of Colorado to write, hike, and ski.

## Contact

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## Description

This refreshing book on prayer shows you how you can have honest conversations with God, knowing that He knows and cares about every detail. Deepen your prayer life with thoughtful Scripture reflections and guided prayers for you to speak to your heavenly Father. Be encouraged and inspired by strong women of the Bible—including Eve, Miriam, Hannah, and Esther—who encountered God and His blessing.

- 120 reflections on women of the Bible and their stories of faith, failure, and experiencing God's love
- Fill-in-the-blank prayers that address specific situations, needs, and everyday concerns
- Guidance on bringing your desires, disappointments, and joys to God with renewed confidence

# Pray Naturally

Finding Your Spiritual Confidence as  
a Woman Loved by God

Our Daily Bread Publishing

AWSA Nonfiction Book of  
the Year 2025

## Interview Questions

1. There are lots of books on prayer. What is the focus of Pray Naturally? And why should listeners read it?
2. You write about women from the Old Testament and how they encountered God, what did you learn about God from those encounters?
3. Sometimes we have a hard time understanding God's goodness when there is a lot of pain in our lives. Can you speak from your personal experience to the woman who wonders if God is good, who is going through or has been through a hard time?
4. And how can your book teach us to pray in those times?
5. How did the women you write about learn that God was good and to trust Him?
6. How did experiencing God's goodness make them vessels of goodness?
7. What invitations can we take from them into our own lives - about showing God's goodness as we trust in God's goodness?
8. What final thought about God's goodness as a fragrance would you like to share?